

Presents: First Responder Mental Health Education









When: Friday April 18th, 2025

Where: Hutchinson Regional Med Center, 1701 E 23rd Ave, Hutchinson, Ks

Cost: Just your time. Its free!

Topics:

0900 - What is Peer Support - Roger Lippert (Retired Johnson Co EMS OPS Chief)

1000 - Self-Care - Roger Lippert

1100 – Moral Injury – Richard Bull (Retired Lawrence Fire Engineer)

1200 - Lunch (on own)

1300 – Running Critical Incidents with Mental Health in Mind – Richard Bull

1400 – Substance Abuse for First Responders – Pat Hinkle (Retired Lenexa Police Captain, Therapist)

1530 - Sleep Hygiene - Pat Hinkle

LEO – KS-CPost Hours Available, Fire/ EMS CEs available

Sign up: www.frstmidwest.org